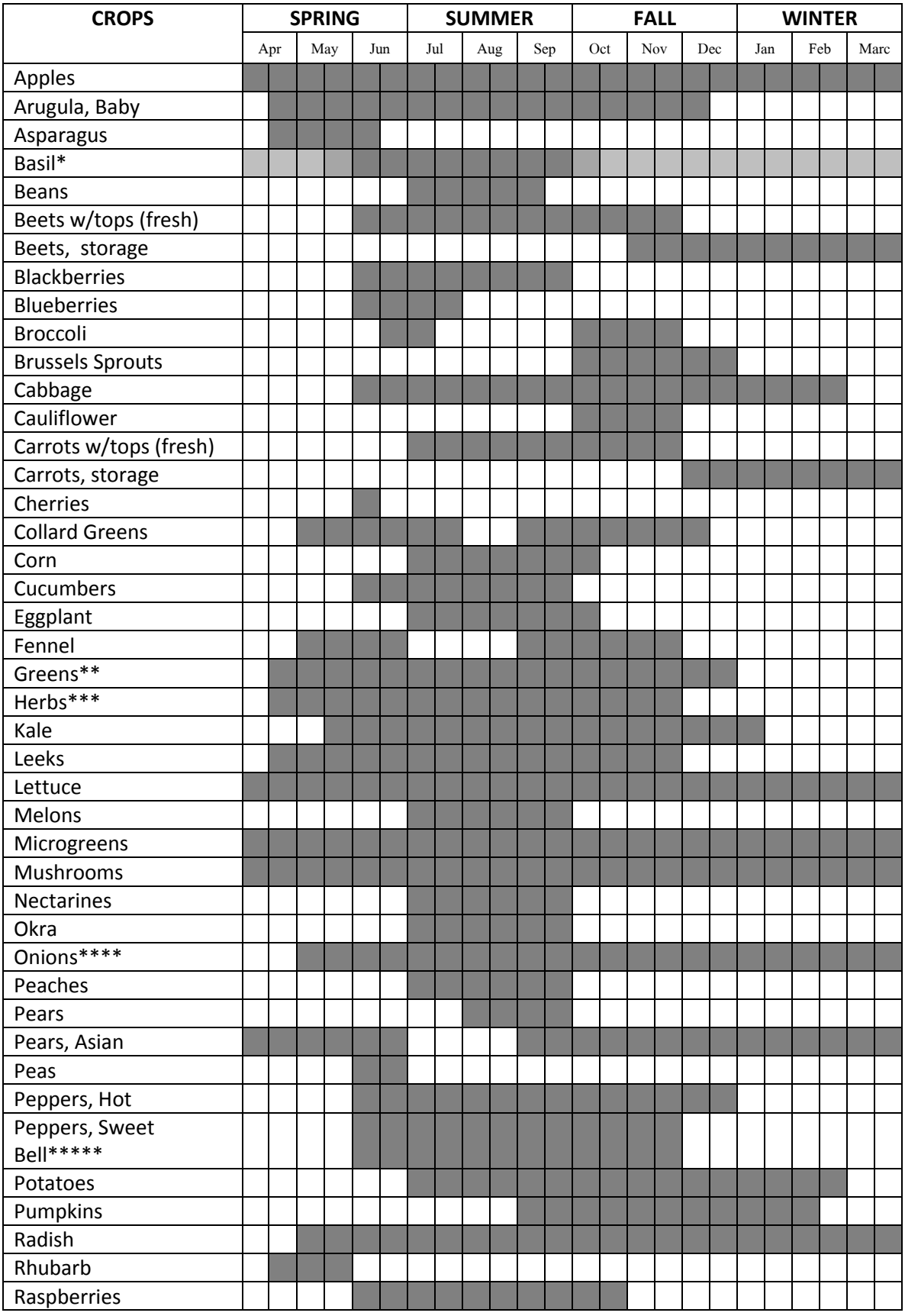
Zone 7 Seasonal Crop Availability



CROPS	SPRING						SUMMER						FALL						WINTER					
	Apr		May		Jun		Jul		Aug		Sep		Oct		Nov		Dec		Jan		Feb		Marc	
Apples																								
Arugula, Baby																								
Asparagus																								
Basil*																								
Beans																								
Beets w/tops (fresh)																								
Beets, storage																								
Blackberries																								
Blueberries																								
Broccoli																								
Brussels Sprouts																								
Cabbage																								
Cauliflower																								
Carrots w/tops (fresh)																								
Carrots, storage																								
Cherries																								
Collard Greens																								
Corn																								
Cucumbers																								
Eggplant																								
Fennel																								
Greens**																								
Herbs***																								
Kale																								
Leeks																								
Lettuce																								
Melons																								
Microgreens																								
Mushrooms																								
Nectarines																								
Okra																								
Onions****																								
Peaches																								
Pears																								
Pears, Asian																								
Peas																								
Peppers, Hot																								
Peppers, Sweet Bell*****																								
Potatoes																								
Pumpkins																								
Radish																								
Rhubarb																								
Raspberries																								

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Spinach, Baby																								
Spinach																								
Spring Mix																								
Squash, Summer																								
Squash, Winter																								
Strawberries																								
Sweet Potatoes																								
Tomatillos																								
Tomatoes																								
Wild Ramps																								

*Darker color indicates field grown (versus hydroponic) – this is true Basil season

**This includes Tuscan kale, red Russian kale, winterbor kale, dandelion, tatsoi, pak choi, baby bok, swiss chard, mizuna, mache, arugula, and more!

***Herbs include: Cilantro, Chives, Dill, Garlic Chives, Hyssop, Lavender, Lemon Balm, Lemon Thyme, Lemon Verbena, Lovage, Mint, Oregano, Parsley (Flat-leaf and Curly), Rosemary, Sage, Savory, Sorrel, Tarragon, Thyme,

****Fresh onions, like Cipollini, spring onions, and scallions in May, June, July, and August

*****No available Red Peppers until September